

**Kristen Palana**

*Artist's Statement*

I believe in the Golden Rule. Exploring the ways that we treat ourselves and others make up the foundation of nearly all my projects.

I am an animator, a maker of moving paintings, as well as a digital fine artist and illustrator focusing on international themes and human cultures. My animated films have been shown internationally in galleries and museums and in more than 75 international film festivals to date.

In my animated films, I work in a traditional frame-by-frame style where every second of animation is comprised of individually painted images. I aim to capture the textures and characteristics inherent in fine art mediums in combination with digital tools and technologies that create a bridge between old and new ideas and more- and less-traditional art forms.