

**Kristen Palana**

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<https://kpalana.com/kristen-palana-artist/>

**Selected Awards & Residencies**

2025 Winner, Art100 International Award 2025. Visual Artists Association. London, UK.

2025 Winner, Artist of the Year 2025. Arts to Hearts Project. USA.

2025 Honorable Mention, *Goddess* (drawing), The Spiritual Art Awards. 2D Mixed Media Category. USA.

2025 Artist Residency, Mudhouse Residency, Crete, Greece.

2025 First Place, *Abundant Harvest: Food Security Meditation* (drawing), Nourish! Cultivating Hope, Feeding Humanity International Art Exhibition and Global Contest. Art Impact International. Washington D.C. USA.

2025 Masterful Minds Award, Circle Foundation for the Arts, Artist of the Year Award. USA.

2024 Honorable Mention, *Unity: Earth Dance Meditation* (drawing), Teravarna International Art Competition, Flowers. 2D Mixed Media Category. USA.

2023 Winner, *Mother* (drawing), The Spiritual Art Awards. 2D Mixed Media. USA.

2023 First Place, *Abundant Harvest: Food Security Meditation* (drawing), Artful Delights Competition and Exhibit, Ten Moir Gallery, Kansas City, MO. USA.

2023 Finalist, 6th Annual Women Artists International Exhibition, Fusion Art. Online

2023 Artist Residency, Driftwood Studios, Sunrise-On-Sea, South Africa

2022 Team Award, Certificate of excellence for high performance in communications, United Nations Population Fund, East and Southern Africa Region

2018 Grant, *Beyond Lucky*, Awesome Without Borders, Harnisch Foundation, NYC. NY. USA

2018 Artist Residency, TAKT Berlin, Berlin, Germany

2015 Jury Award, *This Too Shall Pass*, Italy International Film Festival, Milan, Italy

2014 Best Animated Short, *This Too Shall Pass*, Cannes Short Film Festival, Cannes, France

2014 Best Foreign Animated Short, *This Too Shall Pass*, International Foreign Film Festival, Hollywood, CA. USA

2013 Official Selection, *Larry & Roz*, Best of the Southeast New England Film, Music and Arts Festival. Warwick Museum of Art, Warwick, RI. USA

2012 Best Animated Film, *Veggie Propaganda*, Southeast New England Film, Music and Arts Festival, Providence, RI. USA

2012 Award of Merit, *Veggie Propaganda*, The Indie Fest, USA

2009 Best Animated Short, *Larry & Roz*, Sunscreen International Film Festival, Tampa, St. Petersburg, & Clearwater, FL. USA

2009 Best Animation, *Larry & Roz*, Smogdance Film Festival, Pomona, CA. USA

2009 Top 3 Award in Animation and New Media, *Larry and Roz*, Reel HeART International Film Festival, Toronto, Canada

2009 Best Animated Film, *Larry & Roz*, Southeast New England Film, Music and Arts Festival, Providence, RI. USA

2009 Best Animated Short, *Larry & Roz*, DIY Film Festival, Hollywood, CA. USA

2007 First Place, *End Child Hunger*, UN World Food Programme's Fight Hunger Viral Video Competition, Rome, Italy

2006 Director's Citation Award, *Lucky*, The Black Maria Film Festival, USA

2004 Finalist, *Yellow Ribbons*, Moveon.org Bush in 30 Seconds Political Ad Competition, USA

2002 Juror's Award for Animation, *Five O'clock Shadows*, 36th New York Expo of Short Film and Video, New York, NY. USA

2002 Altman Foundation Award, Pratt Institute, Brooklyn, NY. USA

2002 Pratt Circle Award, Pratt Institute, Brooklyn, NY. USA  
1994 Top 10 Finalist, National Talent Search, Pratt Institute, Brooklyn, NY. USA  
1994 Top 10 Finalist, National Talent Search, Maryland Institute, Baltimore, MD. USA

### **Selected Solo and Two-Person Exhibitions**

2025 Solo Exhibition, *The Art of Reset*. Il Matroneo, TH Carpaccio Palace Hotel, Rome, Italy. (curated by Francesca Paradiso Casale)  
2022 Solo Exhibition, *Here and There: Sacred Objects, Spirit Animals, and Symbols for Manifesting*, Narrows Center for the Arts, Fall River, MA. USA (curated by Deborah Charlebois)  
2021 Two-person Exhibition, *Left Brain, Right Brain*, ArtgateVR district in the Metaverse. Online (with American textile artist, Stacey Piwinski)  
1999 Solo Exhibition, *The Tube Series*, Envy Gallery, Temple Bar, Dublin, Ireland  
1999 Solo Exhibition, *The Tube Series*, Montagues, Dublin, Ireland  
1998 Two-person Exhibition, *Aftermath*, Massachusetts College of Art and Design, Boston, MA. USA (with American sculptor, Danielle Doucet)

### **Selected Group Exhibitions**

2025 *Zodiac: Mysterious Power of the Creative*, Medici Museum of Art & Feuerman Foundation, Warren, OH. USA. (curated by Katelyn Amendolara-Russo)  
2025 *June 2025 Exhibition*, Mudhouse Residency, Crete, Greece.  
2023 Three-person Exhibition, *Remedy: How We Heal*, Narrows Center for the Arts, Fall River, MA. USA. (curated by Deborah Charlebois)  
2021 *Billboard Group Exhibition and NFT*, ExpoMetro 6<sup>th</sup> Edition, New York, NY. USA  
2018 *Transformation 2018*, Re:Artiste, NYC, NY. USA  
2018 *Artist and Location 2018*, Czong Institute for Contemporary Art, CICA Museum, Gimpo, South Korea  
2018 *Something Lost*, Tapir Gallery, Berlin, Germany  
2011 *Rise of the Creative Economy*, Society for Animation Studies Conference, Athens, Greece  
2002 *Sugar and Spice*, CGIM Gallery, Pratt Institute, Brooklyn, NY. USA  
2000 *Visiting*, Postartum, The Vault, Long Beach, CA. USA  
1999 *Provincetown Art Association Show*, Provincetown Art Association, Provincetown, MA. USA  
1998 *Summer Show*, Gallery 349, Provincetown, MA. USA  
1998 *Member's Exhibition*, Wellfleet Art Co-op, Wellfleet, MA. USA

### **Selected Online Group Exhibitions and Features**

2024 *The Healing Power of Art Inspired by Nature*. The Healing Power of ART & ARTISTS Exhibition, (curated by Renee Phillips)  
2023 *What Do We Know?* International Spiritual Artists Art Exhibition, (curated by Karen van Hoey Smith)  
2021 *Raise Three Fingers*, Birmanie, Group Exhibition and Awareness Campaign  
2007 *Food Aid: Reducing World Hunger, Economic Perspectives*, September 2007, U.S. State Department E-Journal  
2007 *Walk the World Liberia -Video Compilation and School Feeding Liberia -Still Photo Gallery*, The UN's World Food Programme's *Fight Hunger* Division  
2007 *End Child Hunger*, Multimedia Animation Viral Video, WFP. Official Campaign

2002 *Art on the Net 2002*, Machida City Museum of Graphic Arts, Tokyo, Japan

### **Selected Film Festival Screenings**

2016 *This Too Shall Pass*, Brood Film Fest, Exeter, The United Kingdom  
2015 *This Too Shall Pass*, Italy International Film Festival, Milan, Italy  
2015 *This Too Shall Pass*, The International Film Festival for Environment, Health, and Culture, Jakarta, Indonesia  
2015 *This Too Shall Pass*, Salento International Film Festival, Salento, Italy  
2015 *This Too Shall Pass*, ReelHeART International Film and Screenplay Festival, Toronto, Canada  
2015 *This Too Shall Pass*, SENE Film, Music & Arts Festival, Providence, RI. USA  
2015 *This Too Shall Pass*, People of Passion International Film Festival, Melbourne, Australia  
2015 *This Too Shall Pass*, Artfools Video Festival, Larissa, Greece  
2014 *This Too Shall Pass*, Cannes Short Film Festival, Cannes, France  
2014 *This Too Shall Pass*, Ima International Film Festival, Trissur, Kerala, India  
2014 *This Too Shall Pass*, SPARKS Animation 2014, Vancouver, Canada  
2014 *This Too Shall Pass*, The Free Spirit Film Festival, McLeod Ganj, India  
2014 *This Too Shall Pass*, International Family Film Festival, Hollywood, CA. USA  
2014 *This Too Shall Pass*, Grace Film Festival, San Francisco, CA. USA  
2012 *Veggie Propaganda*, SENE Film, Music & Arts Festival, Providence, RI. USA  
2012 *Veggie Propaganda*, The Pollygrind Underground Film Festival of Las Vegas, Las Vegas, NV. USA  
2012 *Veggie Propaganda*, Love Unlimited Film Festival and Art Exhibition, Los Angeles, CA. USA  
2012 *Veggie Propaganda*, World Music and Independent Film Festival 2012, Washington, DC. USA  
2012 *Veggie Propaganda*, The Third World Independent Film Festival, San Francisco, CA. USA  
2012 *Veggie Propaganda*, International Freethought Film Festival, Denver, CO. USA  
2012 *Veggie Propaganda*, 15th CinemAmbiente Environmental Film Festival, Turin, Italy  
2012 *Veggie Propaganda*, The Green Film Festival in Seoul, Seoul, South Korea  
2012 *Veggie Propaganda*, SURGE Film Festival, Traveling Festival, USA  
2010 *Larry and Roz*, Berlin Independent Film Festival, Berlin, Germany  
2010 *Larry and Roz*, London Independent Film Festival, London, UK  
2010 *Larry and Roz*, Angelica International Film Festival, Venice, CA. USA  
2010 *Larry and Roz*, Victoria International Film Festival, Victoria, Australia  
2009 *Larry and Roz*, Sunscreen Film Festival, St. Petersburg, Tampa, FL. USA  
2009 *Larry and Roz*, European Film Festival, London, England  
2009 *Larry and Roz*, Chicago International Children's Film Festival, Chicago, IL. USA  
2009 *Larry and Roz*, San Francisco Women's Film Institute Tour, San Francisco, CA  
2009 *Larry and Roz*, 42nd Humboldt Film Festival, Arcata, CA. USA  
2009 *Larry and Roz*, Reel HeART International Film Festival, Toronto, Canada  
2009 *Larry and Roz*, DIY Film Festival, Hollywood, CA. USA  
2009 *Larry and Roz*, Washington DC Independent Film Festival, Washington DC. USA  
2009 *Larry and Roz*, Washougal International Film Festival, Washougal, WA. USA  
2009 *Larry and Roz*, New Beijing International Movie Week, Beijing, China  
2009 *Larry and Roz*, Smogdance Film Festival, Pomona, CA. USA  
2008 *Larry and Roz*, Radar Hamburg International Independent Film Festival, Hamburg, Germany  
2008 *Larry and Roz*, Gold Lion International Film Festival, Maseru, Lesotho

2008 *Larry and Roz*, Bushfire Film Festival, Manzini, Swaziland

### **Selected Teaching Experience**

2017- Present.

Independent Consultant, Clients include UNICEF, The British High Commission, Mastrius, Centers for Disease Control and Prevention, WFP, GIZ, UNDP, The Public Relations Society of Malawi, UNFPA, The American University of Rome, and The Australian High Commission. I craft art, design, and communication programs catering to diverse audiences, and since 2014, I have also reached 100K online students from 191 countries.

2016-18	Associate Professor of Digital Media, American University of Myanmar, Yangon, Myanmar
2006-16	Associate Professor of Digital Media, The American University of Rome, Rome, Italy (Tenured in 2009. Director of FDM Program 2013-2016)
2002-06	Assistant Professor of Digital Media, William Paterson University, Wayne, NJ. USA
2000-02	Visiting Professor, Pratt Institute, Brooklyn, NY. USA

### **Selected Workshops/Presentations**

2024	Intensive Workshop, <i>Women in Leadership: Communication Training &amp; Launch Event</i> . Australia Awards, Australian High Commission, Lilongwe, Malawi, March 5, 2024.
2021	Lecture/Presentation, <i>Happiness Boosting with Color Psychology</i> . Gross Global Happiness Summit, University for Peace, Costa Rica/Online, March 12, 2021.
2018	Artist Talk, <i>Practically Impractical</i> , Tapir Gallery, Berlin, Germany, June 19th, 2018.
2015	Masterclass, <i>Animation and Multimedia Storytelling</i> , Addis Ababa University, Addis Ababa, Ethiopia, December 7-21, 2015.
2014	Masterclass, <i>Online Multimedia Presentation and Management for MA students</i> , Turning Charlemagne into an Asset for Rome, The American University of Rome, Rome, Italy, May 2014.
2014	Lecture, <i>Mother of Dragons: Using Animation and Comics as Tools to Document Early Parenthood</i> , Adaptation: Animation, Comics and Literature Symposium, Society for Animation Studies, Stuttgart International Festival of Animated Film, Stuttgart, Germany, April 12, 2014.

### **Education**

2002	MFA in Computer Graphics and Interactive Media, graduation with distinction, Pratt Institute, Brooklyn, NY. USA
1998	BFA in Painting, graduation with distinction, Massachusetts College of Art and Design, Boston, MA. USA
2015	Diploma in Social Innovation. <i>UPEACE Centre for Executive Education</i> , Costa Rica