

Healer's Hand

Original "slow art" by Kristen Palana

This artwork is designed to invite **protection, healing, and energetic presence** into any space it inhabits.

The Healer's Hand is one of humanity's oldest symbols of care. Known also as the *Shaman's Hand*, or *Hopi Hand*, this symbol originates with the First Nations peoples of the Southwestern United States, where it has been used for centuries as a talisman of healing and protection. In more recent times it has been embraced by Reiki practitioners around the world as a symbol of the healing energy that moves through willing hands into those who need it most. The background of this drawing is filled with patterns and symbols drawn from healing traditions across every continent.

Suggested Placement: This piece belongs in a Reiki healing room, therapy office, yoga studio, or any intentional space where healing work takes place. It is also a meaningful addition to a home meditation corner, a personal altar, or the wall of anyone who identifies as a healer, caregiver, or space holder.

This piece works as a daily reminder that the capacity to heal is already within you. Whether used as a focal point during energy work, a grounding image before a session, or simply as a talisman on the wall, it encourages **presence, compassion, and the power of healing intention.**

✨ *May it remind you that your hands carry something the world needs, and may it fill your space with the protection, warmth, and healing energy you offer to others.*



A handwritten signature in black ink that reads "K Palana".

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www.makalulustudio.com

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A Gift of Intention

This artwork was chosen as a heartfelt gift, meant to honor the healer in your life and surround their space with protection, presence, and the ancient energy of care.

A GIFT

from me to you

To:

From:

Message:



A handwritten signature in blue ink that reads "K Palana".

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