

Held

Original “slow art” by Kristen Palana

This artwork is designed to offer comfort, rest, and protection.

It holds without asking anything in return and supports whatever kind of healing is needed, whether in body, mind, or spirit.

Every element in this drawing is a vessel. At its heart, a stone quatrefoil, an ancient symbol of a portal between worlds, holds five coiled baskets inspired by weaving traditions from Africa, Europe, South America, Asia, and North America. A braided ring inspired by Oceania represents the sixth inhabited continent, surrounded by a circle of bowls in clay, wood, and ceramic, with the earth beneath them and the stars beyond.

Suggested Placement:

A bedroom, meditation corner, healing or therapy room, hospice or palliative care setting, or anywhere someone needs to rest and feel supported.

This piece is a companion for difficult seasons. Whether used for quiet reflection, prayer, or simply a long exhale, it encourages **peace, surrender, and the comfort of being cared for.**

✨ *May this artwork surround its space and its recipient with comfort, protection, and peace wherever their path leads.*



For more energetically-charged art for unapologetic idealists, visit:

www.makalulustudio.com

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A Gift of Intention

This artwork was chosen as a heartfelt gift, meant to surround you with comfort, protection, and peace in whatever season you are moving through.

A GIFT

from me to you

To:

From:

Message:



K Palana

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